CSULB CNSA

Board Meeting Agenda

Sunday, October 1st 2017 at 5pm

CSULB Nursing Department Room 66

# **Call to Order at: 5:08 pm**

1. **Opening**
2. **Roll Call**
   1. Do we have a quorum?
      1. 50% plus one of the voting membership
3. **Guest Announcements:** 
   1. Samantha Serrano: Eta Sigma Gamma (Health Science Honor Society)

* **Would like to collaborate with CNSA on events/projects**
* **Many ESG members are interested in becoming nurses**
* **Would like to build a relationship to communicate and learn from one another before going out into the workforce**
* **Want to help close the communication gaps between different health professions**
* **Many volunteer events coming up-On and off campus**
* **Will share list of events with Shealyn**
* **Directors can get Samantha’s email from Shealyn to contact and set up collaborative events**

1. **Success Stories:** 
   1. ¼ of the semester done
   2. Birthdays:
      1. August: Osa
      2. September: Dania, Lauren, Pnina
      3. October: Tiffany
2. **Executive Officer and Advisor Reports**
   1. *President*—Shealyn Engfer
      1. Nursing Apparel/ Merch
         1. Selling **Oct. 11th 10am-12pm**
         2. **In Learning center**
      2. Next Meeting, **November 5th**
      3. ASI New Regulations
         1. Event Planner paperwork- Do for all upcoming events, in in October ASAP, other wise 3 weeks in advance

* **New form is for events that have a budget** 
  + - 1. This is to be reimbursed, if event is <$20 we will reimburse from cashbox
      2. **Save all receipts**
      3. Reimbursement forms
* **Separate reimbursement form that needs to be filled out per person**
  + 1. BLS Courses: When????
       1. Need Date for Heartshockers
* **Available October/November**
* **Talk with cohorts and see what a good day would be**
* **Last time it had to be cancelled due to not enough participation** 
  + 1. Talent Show
       1. Who wants to take this on?
* **ASI gave a grant for talent show**
* **Angel volunteered to take this on-YAY ANGEL!**
  1. *Vice President*—Dania Al-Itani
     1. **Please keep sending me sign in sheets**. Thank you to everyone that has been sending me them!
     2. If you have any questions regarding your progress towards achieving a honor cord or medal, please email me, and I am more than happy to tell you which events you have received credit for. I do recommend keeping a record (maybe on your phone or your planner) of events you have volunteered for. This comes handy when you forget to sign in or I do not receive the sign in sheet. I want to make sure that you receive credit for the effort you are putting in [which we are extremely grateful for--you're making the SON a great place :)]
  2. *Treasurer*—Pnina Olkha
     1. Current Balance $6,304.14 (9/6/17)
     2. Petty Cash Box $256.35 (9/6/17, counted by Shealyn)
        1. Mo still collecting for sales and membership
     3. Budgets Approval
        1. Committees must get budget approved to host October meetings.
     4. Need to fill out event form from ASI and save receipts and fill out reimbursement form get reimbursed
  3. *Secretary*—Katrina Bessem
  4. *Student Advisor*—Jalyn Alexander
  5. *Cheerleader*—**We need a new cheerleader**
  6. *Mascot*—Dr. Anita Fitzgerald
  7. *Faculty Advisor*--Sharon Konrad
* **Our bookstore is nonprofit. If we use amazon CSULB.amazon.com, every time we buy on amazon they get a kickback**
* **Our bookstore has the \*compare prices\* and if we use those links to purchase, they get money back**
* **This money goes to scholarships** 
  + 1. The CNSA Convention is in Pomona from Friday, October 6 - Sunday, October 8, 2017. The convention will help you maximize your nursing school experience, build your leadership and communication skills, land your first job as an RN, and effectively use your voice in the legislative process. You also have the opportunity to interact with industry partners, participate in the House of Delegates and receive resume advice from a nurse leader. We should have as many people go as possible and CNSA should pay for the registration fee. Volunteers will be needed to manage white coat ceremony for upcoming nursing students.
    2. Flu shot clinic
* **November 16**
* **November 25**
* **Make sure to get documentation** 
  + 1. **Emails go out 10/1/17 for Vietnam trip applicants**
    2. **Keep coming to the Self-care and Healthy Lifestyles Programs events!**

1. **Director Reports**
   1. *Legislative Director*—Angel Martinez
      1. **Faculty Meeting**:
         1. Dr. Huckabay wants more students to attend the faculty meetings!! She wants **about four more students.**
         2. Meetings usually take place on the **third Wednesday of each month around 1:30-3:00pm.**
         3. Our accreditation was a SUCCESSES!!
         4. Lost water bottles are being kept in the nursing office! Students should stop by.
         5. The college wants to do a film about a nursing student and faculty member who has made a difference in a patient’s life. **They are looking for a story! Any volunteers?**
   2. *Membership Director*—Joshua Ysip
      1. If your classmates want to join, please direct them to Joshua or if you get membership forms/money from your classmates please give them to Joshua
      2. joshysip@yahoo.com
   3. *Public Relations Director*—Diana Huynh
      1. **Send Diana information about your events so she can post them on our social media accounts. (dianaahuynhh@gmail.com)**
      2. If you have photos from events send to Diana
      3. All club accounts have been updated
      4. Send her photos of you and your nursing friends to post on the CNSA social media!
2. **Committee Reports**
   1. *Fundraising* — Director: Lisa Marie
      1. **Chipotle on 11/1/17 from 5-9pm and 50% of the proceeds will benefit our club!**

* **The Chipotle by the traffic circle** 
  + 1. Buffalo Wild Wings
  1. *Student Support*— Director: Raeanne Estrade-Covarrubias
     1. New Student Interviews on October 11th; need volunteers for sign in and Q&A- Budget: $30
* **9am-4pm need volunteers for 1 hour increments**
* **Motion to approve $30 budget passed** 
  + 1. Monthly signs in the SON ie: welcome, awareness, inspirational quotes, finals week
       1. October is breast cancer awareness

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* 1. *Mentorship*— Director: Lauren Graziano/ Osa Obayagbonna
     1. Email Lauren and Osa: [csulb.cnsa.mentorship@gmail.com](mailto:csulb.cnsa.mentorship@gmail.com)
     2. **We are planning for the event to be on Oct 10th tentatively**, I am going to visit the USU on Wednesday and try to reserve a spot for us and get a confirmed day. It will for sure be on a Tuesday though.
     3. Careplan workshop is on **Oct 26th (a Thursday) from 3:30-4:30pm** in the computer lab. Please have anyone email me at [lauren.graziano95@gmail.com](mailto:lauren.graziano95@gmail.com) if they interested in helping with the presentation, helping students go over their care plans, and if they are familiar with EPICC and the VA computer systems to help give the students tips on how to navigate the charts. **We need about 4-5 people there helping out.**
     4. Google doc for people to sign up for to help out with the workshop. I am requesting that people who are familiar with EPICC and the VA computer system please sign up, because that is what the first semester students are using. I am hoping to bride them with CNSA credit toward volunteer hours (is that okay?).
     5. For the bowling event, we are planning for Oct 17th because that day works best for everyone. I am waiting for budget approval to make the reservation.
* **Shealyn added: “We should do some type of RSVP for event to get head count.”**
* **Motion to approve a budget of $430 for bowling mixer event passed** 
  + 1. Google Doc link for care plan workshop:

<https://docs.google.com/document/d/1A8S_zXOybUqON7aDKhanx9rfbk8mwHeNALTEFug6bAQ/edit?usp=sharing>

* 1. *Professional Growth and Development*— Director: Diane Rodriguez
     1. **Job of Job Hunting will be going on Tuesday, October 10th @ 6pm-8:30pm,**at the pointe on campus by the Human Resource Management Association. **Deadline is Oct 6 for signing up and it'll be $10/student.** There will be a "Guest speaker, raffles, and many professionals from all around Long Beach attending."
     2. **Email if interested!** [Rodriguezdianev@gmail.com](mailto:Rodriguezdianev@gmail.com)
     3. Events:

How to Get a Job Event  
**October 4  (Wed)**  
**5-6:45 PM**  
Nursing 64  
Will have food!

Resume Workshop  
**October 13 (Fri)  
4-6 PM**  
Nursing 64  
Refreshments provided!

Mock Interviews  
Week of October 23-27  
Times TBA (depends on availability)

* **Please show up to Mock interview if you sign up**
  1. *Community Service*— Director: Amy Ruiz
     1. **Walk to End Alzheimer’s- Sat, 10/14/17.** Exact time slots will be sent out to me by the organizer on 10/09, however, first slot might start around 6:00 am & last slot will be ending no later than 1:30pm. The location will be at Rainbow Lagoon Park [443 E. Shoreline Dr. Long Beach, CA 90802](https://maps.google.com/?q=443+E.+Shoreline+Dr.+Long+Beach,+CA+90802&entry=gmail&source=g).
     2. Ronald McDonald House. **Thursday October 26.** We will be preparing lunch. I also am requesting a budget of $100.
* **Motion to approve $100 for two Ronald Mcdonald House Events passed**
* **Second date will be Wednesday or Friday some time in November**
* **Sign-up sheet will be sent out** 
  + 1. We will be helping out at the Long Beach Rescue Mission. More details to come so keep an eye out for that!
    2. Anyone who volunteered at the Susan G. Komen walk please please please e-mail me: [amrzg33@gmail.com](mailto:amrzg33@gmail.com). I don't have everyones names & would like to give them credit for attending.
    3. Any ideas for community service are greatly appreciated!
    4. Skills Lab volunteering
       - 1. **Needed for dates 10/2 (11-3), 10/9 (all day), 10/11(late morning-<1)**
         2. https://docs.google.com/document/d/1r5HDyqd4bUyZK3WOZsKGmcaiQcbT0DgZkIcPbCVsbmU/edit?usp=drive\_web
    5. Rock n Roll marathon
       1. <http://competitorgroupinc.volunteerlocal.com/volunteer/?id=23286>
       2. Take a photo of yourself and send to Dania to receive event credit
  1. *Breakthrough to Nursing & Pre-Nursing*— Director: Farah Llanes, Jennifer Thurber, and Kourtney Gomez
     1. Thank you for everyone who helped at Week of Welcome and our Pre-Nursing Workshop!
     2. Lots of people signed up and we had a good attendance at the workshop.
     3. October 16th at 6PM (location TBD)- Pizza Mixer ($60 for pizza, water and plates)
* **Motion to approve $60 budget for pizza mixer passed** 
  + 1. November 29th at 4:30PM (KIN 059)- Final Pre-Nursing Workshop ($20 for cookies)
* **Motion to approve $20 budget for Final Pre-Nursing Workshop passed** 
  1. *University Involvement*—Tony Nguyen and Katie Wischer
* **October 16th 1100-1400 Behind the Hall of Science** 
  + 1. BP Event (Manual or Electronic) We would need some nursing students to volunteer for this event for 30 minutes to 1 hour at a time to educate on HTN and take students BP.

**Cost: $10.**

* **Sign up on google doc to volunteer and practice vitals** 
  + 1. Consequences of Sugar Consumption Info Poster. CHHS health fair. We could also add what an excess amount of sugar can lead to DM and obesity and educate students on type two diabetes. Focus should be on type

**Cost: Approx. $20 or less.**

* + 1. Ways to Reduce Stress Info Ad Poster/EventThis can also be another portion of the CHHS health fair.

**Cost: Approx. $20 or less (for healthy snacks that may help with stress and staying focused when studying and to create a poster for the fair).**

* **Josh is going to bring his own resources to do his teaching project at CHHS Health Fair**
* **Motion to approve budget of $45 for entire health fair event passed**

1. **New Business:**
   1. Have a Happy Halloween!!! Don’t eat too much candy!
2. **Old Business:**
3. Adjournment at **6:01 pm**
4. Next Meeting November 5th

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