CSULB CNSA

Board Meeting Agenda

Sunday, October 5, 2014 at 5pm

CSULB Nursing Department Room 66

1. **Call to Order at 5:06pm**
2. **Food for thought** 
   1. “Always find time for things that make you happy to be alive” –unknown

We need to take care of ourselves ☺

1. **Roll Call:**
   1. Do we have quorum?
      1. 10% of current membership and 50% of board directors
2. **Guest Announcements:**
   * + 1. Nick from Heartshockers **Class Reps please announce:**
          1. ACLS/PALS

Sat/Sun, November 15th/16th start at 7am/8Am (12 hour class)

Trying to reserve Nursing 66 or another location? Here on campus!

Why to take this class? Improve our knowledge, supplement our classes and prepare our selves for the job market.

Heart Shockers Facebook page look up: New Grad RN California: it’s a good support system, looking for new grad programs, help with resumes, and venting to one another. They do hire New Grads and nursing students to work for the company.

You can re-new your CPR card for $20 as well. There is just one flat rate for taking either ACLS or PALS $79, can take either 1 class or both!!!. Faculty can take it for FREE!

Sign-up, register, and pay online. Darian will send us the link with all the info.

Must buy/rent manual before taking the course, they run about $40-45.

1. **Success Stories: Nell got a CNA job at LBMMC**
2. **Reports:**

**Executive Officer and Advisor**

* 1. *President* --- Darian Tabares
     1. Thank you for coming tonight
     2. New rep
        1. Sarah: 1st trimester
        2. Katie our ELM rep.
     3. Donated banner for CNSA
        1. Need someone to make a design (Andrea Seu)
     4. Grant process
     5. CNSA Convention
        1. October 17th-19th
        2. Sheraton Fairplex Hotel in Pomona, CA
        3. Brooklynn is running for a position on the state CNSA board
        4. Katie is attending as well
        5. Anonymous offer of $25 to first four people who sign up
           1. 2 spots left
           2. Katie Sidman is now going
     6. Parent Homecoming Info day
        1. Saturday, November 15th 10 am -11:30am
        2. For this particular event, you have been specifically identified and chosen to be a part of a student panel. You will be asked several questions regarding your student experience in hopes to help first year families get a better idea of what the college experience is like at CSULB
        3. Can anyone go? Suki and Rey may possibly go.
     7. Mixer with other CNSAs
        1. Haven’t gotten a response after the initial response
        2. Why doesn’t CSULB CNSA start a mixer? **Everyone please email Darian 3 dates for a possible mixer event at the end of the semester. So we can all vote on it next meeting!**
     8. Haven’t received stethoscope money yet
        1. Contacted but waiting for reply 🡺 Sharon Konrad will look into it
     9. Gracie (3rd semester student)
        1. Wants to get a remediation support group started
  2. *Vice-President*—Christina DeRobertis
     1. CNSA cords (CNSA can pay for it)
* **\*\*Voted on: Single cord with blue and white colors. \*\***
* Formed a subcommittee for organization of the cords and to bring more details for the next meeting. Details, rules, and regulations soon to come.
  1. *Treasurer*—Annie Kao
     1. Financial Report:
        1. Balance: $5,447.84 (plus petty cash)
        2. Revenue: $ \_\_200 (Heartshockers BLS class)\_\_\_\_\_
  2. *Secretary*—Jacquline Hurtado
     1. Room reservations are through Jackie
     2. Attendance
        1. Make sure to sign in
        2. Make sure to put a sticker by your name
        3. Many people have missed 2-3 meetings, which disqualifies you for a prize at the end of the semester
  3. *Student Advisor*—Brett Quarles/ Jamie de Luna
     1. **Class reps announce**: Caregiver needed for a 103 year-old elderly woman with dementia and a G-tube resides in Whittier, CA
        1. A student nurse preferably 3rd semester to take the position. Please email Jamie De Luna for details: jamie\_deluna@yahoo.com
  4. *Faculty Advisor*—Sharon Konrad

**Director & Committee Report**

* 1. *Fundraising Director*—Diana Park
     1. Looking for two fundraising committee appointees
        1. Class reps please announce this to your classes
     2. Apparel…FINALLY!
        1. Through Special Ts
           1. Giban Unisex (no xs)

$11.99-$12.99 per shirt

Quote for 112 shirts

* + - 1. Through bookstore
         1. Giban Men charcoal

$13.35

* + - * 1. Giban Women dark grey (smallest is s)

$13.75

* + - * 1. Next Level Unisex shirts have xs

$13.35 per unisex shirt

* + - * 1. No extra cost for screen print for Alumni shirts for 10-15 shirts
        2. Quote for 120 shirts will take 3-4 weeks to get it processed.
* Yes, purchase through the bookstore and then we’ll sell them.
* For Alumni t-shirts is going to be pre-sale only. Contact Jarline Ketola regarding alumni emails to get in contact with alumni.
* Approved budget: $1,746.18
* **Class reps announce**: Audience taping for Let’s Make a Deal on either Wednesday 10/29 from 10am-2pm OR Thursday 10/30 from 12:30pm-5pm. Must have at least 10 people to qualify. Volunteers for carpooling needed.
* Reps please email Diana Park Diana-\_-park@hotmail.com by Oct. 15th with confirmations of people interested.
* **Class reps announce**: 2 fundraising committee appointees needed
* Possible Finals Fundraiser? Create a care package for students during finals week that has snacks and supplies for students. Darian will look into it.
  1. *Legislative Director*--- Emily Smith
     1. Faculty meeting update
* Faculty awards to students: student sub committee looks at the top students with the highest GPAs. So make yourself known by faculty.
* Evidence based practice event: April 22nd – 25th 2015 opportunity to present an EBP poster. Talk with McGuire if interested.
* Discussed possible Online RN to BSN?
* **Class Reps announce:** Mentors please talk your 1st semester students and inform them to have their documents all up to date on Certified Profile.
* CPR every 2 years instead of every year?
  1. *Membership Director*—AVAILABLE
     1. **This position is available**
        1. **Class reps please announce this**
  2. *Public Relations Director*—Nell Dangcil
     1. Send Nell information about your events, so he can post them on Facebook or around the School of Nursing
     2. Prices for reusable signs, still looking into it

**Committee Reports**

* 1. *Student Support*—Andrea Seu
     1. Preparation for New Student Interviews
        1. Need to help Mo organize the bins for new student interviews
        2. **Need 5 volunteers**
        3. Tuesday, October 7th 9 am -11 am
     2. New student Interviews
        1. Help with sign in process and mingle with students
        2. Wednesday, October 15th from 8 am to 4 pm
        3. Need volunteers
        4. Wear your CSULB t-shirt
        5. Budget: $35 (water & granola bars)
     3. Happy hour
        1. **Reps lease announce: Changing the days!!!** 
           1. **Now 2nd Monday and 4th Tuesday**
        2. **Monday, October 13th and Tuesday, October 28th**
        3. **12-1 pm in the Glass classroom**
        4. Budget: $30 (per happy hour) = $60
  2. *Mentorship*--- Tanya Jilkevorkian
     1. Mentors and mentees have been paired
     2. **Class Reps PLEASE announce**: let your classmates know to please contact their mentees. Don’t forget them!
     3. Tanya: follow up on your paired up mentors and mentees
     4. 1st Semester Care Plan Workshop
        1. Saturday, October 11th @ 9am-11am
        2. Nursing 64
        3. Need volunteers (preferably 2nd and 3rd semester)
           1. Volunteers please bring resources you use when care planning
        4. Budget $65
  3. *Professional Growth and Development*—Katie Sidman
* **Class Reps please announce:**
  + 1. Resume Workshop
* Come prepared with a resume
* We will not create a resume at the workshop!
* Must sign-up for Resume Workshop in order to attend Mock Interviews
* Priority for 5th and 6th semester student, but still announce
  + - 1. Date: 10/29/14 Wednesday
      2. Time: 1700-1900
      3. Location: TBA
    1. Mock Interview
* Must attend Resume Workshop in order to attend this Mock Interview. No walk-ins
  + - 1. Date: 11/5/14, Wednesday
      2. Time: 1700-1900
      3. Location: TBA
         1. NOTE: You must attend the resume workshop in order to attend the mock interviews. Faculty will be facilitating these interviews and we need to know how many students to expect; thus, no walk-ins will be accepted.
    1. DHS Open House
* Escorting and giving us a tour around the medical center
* **Class Reps please announce!**
  + - 1. Date: Friday 10/24/14
      2. Time: 1300-1600
      3. Location: Olive View UCLA Medical Center
         1. Carpooling: It would be ideal to carpool this event, need drivers!
    1. Website Update: In order to facilitate connection between E-board, the rest of CNSA as well as other CNSA chapters and organizations on campus, it would be ideal to update our website which currently is only a blogging website.
       1. Budget: ?
       2. Technology position? Who has handled the website (blog) in the past?
       3. [http://csuscnsa.synthasite.com](http://csuscnsa.synthasite.com/" \t "_blank)
       4. **Class reps please announce**: Brooklynn created a blog for us, which contains all of our information and a way for everyone to stay informed. Check it out: csulbcnsa.weebly.com
    2. Received contact information for Army and Airforce recruiters
       1. Are we interested in hosting an info session for this?
  1. *Community Service*—Brooklynn Fay
     1. CNSA Newsletter
* Have an interesting topic to write about? Let Brooklynn know!
  + 1. Oral hygiene “clinic” at a local women & children’s shelter.
    2. Trick or treat for UNICEF
    3. Nov 1-14th: canned food drive. Organizations needed, know of any email Brooklynn.
    4. Cook for Ronald McDonald House
  1. *Breakthrough to Nursing & Pre-Nursing*— Brittni Bohan & Jackie Mckenzie
     1. Rootbeer float Mixer **Class Reps please announce**
        1. Mixer with pre-nursing and nursing students
        2. Wednesday, October 29th at 1-2:30 pm
        3. Location TBA
        4. Budget $60
  2. *University Involvement*—Bernadette Tomas
     1. CHHS Student Council Meeting update
     2. “Make a difference day”
        1. Saturday, October 25, 2014 at 7:30AM - 5:00PM.
        2. Community service event that’s held annually and they don’t have a set place yet, but the work would most likely be exterior home repairs, painting, and landscaping.
        3. Deadline to apply as a group would be Oct 24.
     3. Campus Health Fairs
        1. Monday Oct 20th 11am-2pm
        2. Location: TBA
        3. Budget: $25 (Snacks & give aways)
     4. Still working on setting up a student nurse internship/volunteer position on campus
        1. Most likely will be with SHS or the Human Resource Center
        2. Informed that it’s unfortunately unrealistic to workout.
     5. Sexstavol Health Fair:
        1. November 4th 11am-2pm at the platform in front of the bookstore.
        2. A CNSA booth is needed, anyone interested?

1. New Business
   1. Nursing Fitness Day Hike! **Class Reps please announce:**
      1. Date: Sunday, October 26th
      2. Time: Meet at 0700 at CSULB in the school of nursing parking lot to drive to the trail head.
      3. Trail: Sturvent Falls
      4. Mileage: 3 miles or 14 miles (hiking poles and ankle protection recommended)
      5. Contact: Suki Smith, susannasmith23@gmail.com, (949) 374-8284
   2. Code Blue with Jay **Class Reps please announce:**
      1. New dates for October (Wednesdays 11:30am-2pm)
         1. 4 volunteers for Oct. 22nd
         2. 4 volunteers for Oct.
         3. 6 volunteers for Nov. 3rd
         4. Please wear CSULB clinical uniform
      2. Having problem with not getting enough volunteers and people cancelling last minute
      3. Will receive event/attendance credit for end of year prize
      4. Tell Suki Smith if you or your peers are interested, susannasmith23@gmail.com, (949) 374-8284
   3. Eboard fun day? Brooklyn Fays apartment in Huntington beach? Possibly Nov.
2. Old Business
   1. Pre-nursing Info Session
   2. How to Get a Job
   3. Nurse Recruiter
      1. For anyone that’s highly interested in critical care. Contact Chad Thoman if interested.
   4. Soroptimist House Mixer
   5. Bowling Mixer
   6. Japanese Nursing and Pharmacy Student Mixer
      1. Balance your life! Don’t get burnt out!
   7. AHA Heart Walk
   8. Sigma Theta Tau
3. Anita Fitzgerald Dissertation Interviews:
   1. **5th and 6th Semesters please announce**: Anita needs 5-7 people to interview like a MOCK interview and help give her feedback on her interviewing skills. 30 minutes.
4. Adjournment at 7:20pm.
5. Next meeting October 5th at 5 pm in Room 66